



## **Before choosing your Dietitian, don't be afraid to ask questions**

- Does the Dietitian have experience in the area of nutrition for which you are seeking a consultation?
- What will be their approach?
- Where are they located?
- What are the fees if seeking a private practice dietitian?
- How does booking appointments work and is there a cancellation policy?

Nutritional counseling will be different for each person/group. You can expect to receive services based on your needs that will be ethical, inclusive, and scientifically sound. You should receive clear information to empower you and make informed decisions about your health. Services can last a few hours to a few months based on your needs. Remember that you can always choose to end dietetic services if you wish.

March 2023

Sourced from College of Dietitians of British Columbia